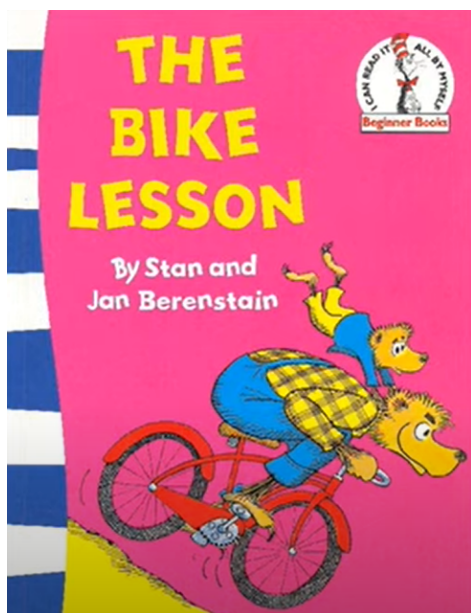


# Trikes and Bikes e-Award

with Shelley Phipps



1. Listen to a book about trike and bike riding.



*I like the book The Bike Lesson by Stan and Jan Berenstain.*

*Watch the full animated story here:*

[https://www.youtube.com/watch?v=z\\_Meq5hEd00](https://www.youtube.com/watch?v=z_Meq5hEd00)

GLUE A PHOTO OF  
YOU WATCHING  
THE STORY HERE

2. Sing a song about trike and bike riding.

*Sing along with CoComelon as YoYo learns to ride her bike*

<https://www.youtube.com/watch?v=ljOdZ0Pm85s>

3. Play a game about trike and bike riding.

Option 1: Take jumbo chalk and down the side walk or in your driveway, draw a squiggly line your child should follow on their bike.

Option 2: Down the side walk, in your driveway or on grass set up a course with unbreakable objects you have in your home. Get creative with your course, asking the rider to loop around objects, ride between objects, etc.

This is a great time to let the kids plan it out!

*Take a video of you playing the game and send it to your Adventurer leader*

4. Make a trike and bike craft.

Download the bike tracing page from twistynoodle here:

<https://bit.ly/3iORNhT>

For extra fun we glued buttons and matchsticks on our bike picture

Plate & pop stick craft

<https://bit.ly/38tg0nZ>

TAKE A PHOTO OF  
YOUR BIKE PICTURE  
AND GLUE IT HERE

