KNOW YOUR BODY DIAMOND with Melanie



1. Learn 1 Corinthians 6:19.

"Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God. You do not belong to yourself."

- 2. Name twelve parts of your body.
 - 1. Head
 - 2. Eyes
 - 3. Ears
 - 4. Nose
 - 5. Mouth
 - 6. Tongue
 - 7. Eye brows
 - 8. Shoulders
 - 9. Arms
 - 10. Hands
 - 11.Legs
 - 12.Toes
- 3. Draw your body and label the twelve parts.

GLUE A PICTURE
OF YOUR DRAWING HERE

4. What are knees used for?

Knees allow you to bend your legs. They help you to run, walk and play sports. You can also use them to kneel down and talk to Jesus.

5. What does your face do for you and others?

Your face is a like a mirror. It can tell others what you are thinking and feeling. You can brighten someone's day by smiling. You can show others what Jesus is like.

- 6. Name some useful things that you can do with your hands?
 - Pick up your toys
 - Help with washing the dishes
 - Do some cooking
 - Give someone a big hug
- 7. How can you use your mouth for Jesus?

The words that you speak people will hear. So say nice things about people, and use your words to tell others about Jesus.